

## 2017 Moms' Retreat Sunrise Ascent Handout

Feel free to take time to ponder...

3 Nephi Chapter 4:7-10 - ...and great and terrible was the appearance of the armies of Giddianhi, because of their armor, and because of their being dyed in blood. And it came to pass that the armies of the Nephites when they saw the appearance of the army of Giddianhi, had all fallen to the earth, and did lift their cries to the Lord their God...when the armies of Giddianhi saw this they began to shout with a loud voice, because of their joy, for they had supposed that the Nephites had fallen with fear... but in this thing they were disappointed, for the Nephites did not fear them; but they did fear their God and did supplicate him for protection; therefore when the armies of Giddianhi did rush upon them they were prepared to meet them; yea in the strength of the Lord they did receive them

What in your life is like the armies of Giddianhi, appearing "great and terrible" that you could apply the pattern of praying, then acting in faith and then experiencing the strength?

How would the way you handle this situation look different if following this pattern?

"None of us are entitled to revelation without effort on our part. Answers from God don't just magically appear. If we want to grow spiritually, the Lord expects us to ask questions and seek answers. "If thou shalt ask," He promised, "thou shalt receive revelation upon revelation, knowledge upon knowledge..." How much clearer can it be? The Lord loves inspired questions asked in faith because they lead to knowledge, to revelation, and to greater faith. "

**From "Will you engage in the Wrestle" - By Sherri L. Dew**

[http://www.byui.edu/devotionals/sheri-dew#\\_edn10](http://www.byui.edu/devotionals/sheri-dew#_edn10)

Is there revelation that you are hoping to receive that might need more effort?

What thoughts have come to your mind of the effort that is needed for the revelation you are seeking?

